



# ONLINE BEREAVEMENT SUPPORT FOR THOSE WHO HAVE LOST A LOVED ONE TO COVID-19



## GROUP FACILITATOR:

Rabbi Tsurah August is staff Chaplain for Jewish Family and Children's Service of Greater Philadelphia. She works with individuals, groups, and families as they face spiritual and emotional challenges due to illness, loss, isolation, or grief.

**Saying our final goodbye to a loved-one is hard. Not being able to say goodbye can be agonizing.**

COVID-19 has prevented some of the most important human acts:

- saying goodbye to a dying loved-one,
- commemorating their life in a funeral or memorial service
- seeing that our loved one is in their final resting place
- being comforted by friends and family.

We invite you to this special support group for grieving loved ones. We will share our experiences and engage in practices that address the different stages of saying goodbye that were not accessible due to COVID-19 restrictions.

**WHEN:** Thursdays, May 14 - July 2, 2:00 - 3:15pm

**WHERE:** Zoom Video Call  
(link will be provided after registering)

**COST:** \$144 pre-paid for all 8 sessions

**RSVP:** Contact Rivka Goldman at 267.256.2250 or [rgoldman@jfcshilly.org](mailto:rgoldman@jfcshilly.org)



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